

S.U.C.C.E.S.S. Senior Demonstration Project January-February Newsletter

Issue 3

February 1

Richmond Senior Newcomers Christmas Party

On December 23rd, Senior Demonstration Project held its first Christmas Party for immigrant seniors at Caring Place, Richmond. There were 50 senior new-

comers celebrated the Christmas season together. Traditional Chinese dancing and Kung Fu performance were provided by our seniors. Games and lucky draws also brought festival

comers in Metro Vancouver and Richmond area. By providing various programs such as English and computer class, senior

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Inside this issue:

Front Page Story 1

Workshop Con- 1
cluded

General Flyer 2

Ongoing English & 2
Computer Class

February-March 2
Calendar



Seniors are sharing the dishes they cooked at the party.



Traditional Chinese Dancing provided by two immigrant seniors: (left) and Xiao Fen Yang (right).



Senior English Class students are singing Christmas Carol.



A senior is performing Chinese Kung Fu.

related workshops and direct individual consultation services, the project facilitated immigrant seniors to merge into the mainstream community.

Starting this year, our project will enhance the collaboration with South Arm Community Centre and Vancouver Senior Society Richmond Branch in order to provide more variety of services.

joys.

Senior Demonstration Project was launched in the summer of 2009. The project has served more than thousands of senior new-

Workshops Concluded

Date	Topic	Time
Jan 7 th (Friday)	All you need to know about organic food (Ellen Hao)	2:30PM - 4:00PM
Jan 14 th (Friday)	Kidney, Bone and joint and longevity (Dr. Yu Cunhai)	2:30PM - 4:00PM
January 21 st (Friday)	Senior Citizenship Application (Wyatt Wang)	2:30PM - 4:00PM
January 28 th (Friday)	PR Card Renewal (Wyatt Wang)	2:30PM - 4:00PM

Location: 5834 Fraser Street, Vancouver BC

Ongoing English & Computer Classes



Health workshop was presented at Collingwood Neighbourhood House.

We encourage immigrant seniors who have multicultural backgrounds to support each other.

Program Name	Location	Date and Time
Beginner	Evergreen Community Health Centre Sunrise Room	Every Tuesday 10:00AM-12:00PM
Beginner	110-28 West Pender St.	Every Saturday 10:00AM-12:00PM
Beginner	220-7000 Minoru Blvd. Richmond	Every Friday 09:00AM-11:00AM
Beginner's Conversation	110-28 West Pender St.	Every Saturday 12:00PM-2:00PM
Beginner's Conversation	5834 Fraser Street	Every Saturday 09:30AM-11:30AM
Intermediate	220-7000 Minoru Blvd. Richmond	Every Friday 11:00AM-1:00PM
Advanced Conversation	220-7000 Minoru Blvd. Richmond	Every Friday 1:00PM-3:00PM
English Circle	Commons Block Community Centre	Every Tuesday 10:00AM-12:00PM
Senior Computer Class	Marpole Place (1305 70 Ave.)	Every Tuesday 2:00PM-4:00PM

February-March Calendar of Workshops



Volunteers of SDP are appreciated: Jin Yu (Left 2), Cindy Fan (Middle), Xiang Wen Zheng (Right 2)

February 4 th (Friday)	Pollution and lung disease prevention (Menn Biagtan)	2:30PM - 4:00PM SUCCESS Fraser Service Centre
February 11 th (Friday)	Dental Health for Seniors (Nelson Hui)	2:30PM - 4:00PM SUCCESS Fraser Service Centre
February 11 (Friday)	Home Pesticide and Home Product Safety (CCCA)	10:30am -12:00pm Commons Block
February 18 th (Friday)	Canadian senior benefits introduction (Wyatt Wang)	2:30PM - 4:00PM SUCCESS Fraser Service Centre
February 25 th (Friday)	Canadian senior benefits -OAS &CPP (Wyatt Wang)	2:30PM - 4:00PM SUCCESS Fraser Service Centre
February 25 (Friday)	Permanent Resident Card Renewal	10:00am-12:00pm Commons Block
March 11 th (Friday)	First Aid (Kenny Leung)	2:30PM - 4:00PM SUCCESS Fraser Service Centre
March 11 th (Friday)	Promote Health and Prevent Cancer	10:00am-12:00pm Commons Block
March 18 th (Friday)	Consumer rights-Dental services (CCCA)	2:30PM - 4:00PM SUCCESS Fraser Service Centre
March 25 th (Friday)	About family class immigration (Wyatt Wang)	2:30PM - 4:00PM SUCCESS Fraser Service Centre
March 25 th (Friday)	Healthy Brain	10:00am -12:00pm Commons Block



Immigrant seniors are having pot-luck lunch