

---

## NEWS RELEASE

For Immediate Release  
2010HLS0027-000550  
May 11, 2010

Ministry of Healthy Living and Sport

### **TRANSLATED POPULAR B.C. SENIORS' GUIDES NOW AVAILABLE**

VANCOUVER – Translations of the latest version of the popular B.C. Seniors' Guide are now available in Chinese, Punjabi and French, Minister of Healthy Living and Sport Ida Chong announced today with Surrey-Tynehead MLA Dave S. Hayer.

“B.C. is home to people of many different cultural traditions, languages and ethnicities, and welcomes more than 40,000 immigrants from around the world every year, many of them seniors,” said Chong. “By offering the B.C. Seniors' Guide in three additional languages, we're ensuring that helpful information about services for seniors is available to even more British Columbians.”

The B.C. Seniors' Guide contains information on a range of topics, from transportation options to housing and health services, and includes a new section on healthy living. Organized in easy-to-read chapters with a comprehensive directory, it includes telephone numbers and website information for frequently used resources.

“Helping our clients access services, information and support is crucial,” said Tung Chan, CEO of S.U.C.C.E.S.S., a multi-service agency in B.C. dedicated to promoting the well-being of all Canadians and immigrants. “The new translated versions of the B.C. Seniors' Guide will be extremely useful in helping us assist senior immigrants and refugees to access community resources, integrate into the community and connect with other seniors.”

“Chinese and Punjabi are B.C.'s second and third most commonly spoken languages, and frequently seniors in these ethnic communities are more comfortable communicating in their first language,” said Hayer. “Having this resource available to seniors in these communities will help them better understand what services are available to them.”

Now in its ninth edition, the B.C. Seniors' Guide is available provincewide in Service BC, government agent and MLA offices and in a variety of health-care offices, or can be downloaded at the new website for B.C. seniors and their families, <http://www.gov.bc.ca/seniors/guide/>.

Copies may also be ordered through the Health and Seniors' Information Line at 1-800 465-4911, or in Victoria at 250 952-1742.

In September 2008, government launched Seniors in British Columbia - A Healthy Living Framework, the Province's action plan to support seniors in living healthy, active and independent lives.

The new website, [www.seniorsbc.ca](http://www.seniorsbc.ca), also provides one-stop integrated information on government programs and services for older adults and their families.

-30-

Media Contact:        Jeff Rud  
                              Communications Director  
                              Ministry of Healthy Living and Sport  
                              250 952-2387

For more information on government services or to subscribe to the Province's news feeds using RSS, visit the Province's website at [www.gov.bc.ca](http://www.gov.bc.ca).