

## How do I find out more about Assisted Living?

Access into subsidized assisted living is through the Health Authority.

Please contact the health centre/office nearest you and ask to speak with a case manager.

If you are currently in hospital, please ask a hospital staff person for further information.

### VCHA Offices:

#### Vancouver

- **Three Bridges Community Health Centre**  
1292 Hornby Street  
Vancouver BC V6Z 1W2  
Tel: 604-736-9844
- **North Community Health Office**  
1651 Commercial Drive  
Vancouver BC V5L 3Y3  
Tel: 604-253-3575
- **Pender Community Health Centre**  
59 West Pender  
Vancouver BC V6B 1R3  
Tel: 604-669-9181

- **Evergreen Community Health Centre**  
3425 Crowley Drive  
Vancouver BC V5R 6G3  
Tel: 604-872-2511
- **Pacific Spirit Community Health Centre**  
2110 West 43<sup>rd</sup> Avenue  
Vancouver BC V6M 2E1  
Tel: 604-261-6366
- **Raven Song Community Health Centre**  
200-2450 Ontario Street  
Vancouver BC V5T 4T7  
Tel: 604-709-6400
- **South Community Health Office**  
6405 Knight Street  
Vancouver BC V5P 2V9  
Tel: 604-321-6151

#### Richmond

- **Continuing Health Services**  
Floor 5-North, 7000 Westminster Highway  
Richmond, BC V6X 1A2  
Tel: 604-278-3361

#### North Shore/Coast Garibaldi

**Central Community Health Centre**  
5<sup>th</sup> Floor, 132 West Esplanade  
North Vancouver, BC V7M 1A2  
Tel: 604-983-6700

**Sea to Sky – Squamish**  
P.O. Box 220, 1140 Hunter Place  
Squamish, BC V0N 3G0  
Tel: 604-892-2293

**Sea to Sky – Pemberton**  
P.O. Box 8 Portage Road  
Pemberton, BC V0N 2L0  
Tel: 604-894-6939

**Sea to Sky – Whistler**  
202 – 4380 Lorimer Road  
Whistler, BC V0N 1B4  
Tel: 604-932-3202

**Sunshine Coast**  
5630 Inlet Avenue  
Sechelt BC V0N 3A0  
Tel: 604-741-0726

**Powell River**  
4313 Alberta Avenue  
Powell River, BC V8A 5G7  
Tel: 604-485-8850

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# Assisted Living

*Supporting  
independence and  
continued  
community living*

**Assisted Living** is a relatively new housing option that provides affordable rental accommodation, hospitality services as well as personal care services to individuals in need.

It is primarily intended for low income seniors, as well as people with physical disabilities.

If you are living alone, isolated, and need help with meals and personal care this may be an option for you.

### **What does Assisted Living Include?**

Assisted Living includes:

1) **Rental Accommodation:** this means a private, lockable apartment or suite that you furnish with your own belongings. The building will also have common dining and socializing spaces.

2) **Hospitality Services:** this includes two meals a day (lunch and supper), weekly housekeeping, weekly laundry of linens, social and recreational opportunities, and 24 hour emergency response system.

3) **Personal Care Services:** this includes such things as assistance with bathing, grooming, dressing, medication management.

Services may also include support with bill payment, banking, modified diets and a weigh-in program.

### **Who is eligible for Assisted Living?**

People must require and be eligible for both personal care and hospitality services. You may be eligible for assisted living if you:

- are eligible to receive home support services for such things as bathing, dressing, grooming.
- are able to make informed decisions about your daily activities and needs
- are able to communicate so as to be understood
- do not behave in a way that puts the safety of others at risk
- are able to take direction in an emergency and use an emergency response system.
- Are isolated
- Are eating poorly

### **Who is Not Eligible for Assisted Living?**

Assisted Living is not an option for:

- people with moderate to severe dementia (e.g. a person is at risk of wandering or unable to participate in decisions about their own care); and
- people with significant care needs that exceed what can reasonably be provided in assisted living and/or who need 24 hour professional nursing care.

### **What Does It Cost?**

Assisted Living is intended to be affordable for all people, regardless of income levels. Residents pay 70% of their after tax income for the full package of services.

Residents on BC Benefits or income assistance pay a pre-determined set rate.

Clients with higher incomes pay only up to a maximum amount

based on comparative private services.

### **How Many Assisted Living Units Are Available?**

Vancouver Coastal Health currently has the following assisted living sites:

#### **Vancouver:**

- Weinberg Residences
- Terraces on 7<sup>th</sup>
- Millenium Towers
- Haro Park
- Cooper Place

#### **North Shore:**

- Cedar Gardens

#### **Coast Garibaldi:**

- Powell River Glacier Apartments
- Gibson Garden Inn

Additional assisted living units will be opening in the coming months.